

Appamada Daily Chants

Verse of the Robe

Vast is the robe of liberation,
a formless field of benefaction;
wearing the universal teaching,
I realize the one true nature,
thus harmonizing all being.

Four Practice Principles

Caught in the self-centered dream, only suffering;
holding to self-centered thoughts, exactly the dream.
Each moment, life as it is, the only teacher;
being just this moment, compassion's way.

Repentance

All my ancient twisted karma
from beginningless greed, hate, and delusion,
born through body, speech, and mind
I now fully avow.

All our ancient twisted karma
from beginningless greed, hate, and delusion,
born through body, speech, and mind
We now fully avow.

All the ancient twisted karma
from beginningless greed, hate, and delusion,
born through body, speech, and mind,
All being now fully avows.

Refuges

I take refuge in Buddha
I take refuge in Dharma
I take refuge in Sangha.

We take refuge in Buddha,
immersing body and mind deeply in the way,
awakening true mind;
We take refuge in Dharma,
entering deeply the merciful ocean of Buddha's Way;
We take refuge in Sangha,
bringing harmony to everyone, free from hindrance.

Now all being has completely taken refuge in Buddha,
Now all being has completely taken refuge in Dharma
Now all being has completely taken refuge in Sangha.

Bodhisattva Vow

Beings are numberless, I vow to free them;
Delusions are inexhaustible, I vow to end them;
Dharma gates are boundless, I vow to enter them;
Buddha's way is unsurpassable, I vow to embody it.

Beings are numberless, we vow to free them;
Delusions are inexhaustible, we vow to end them;
Dharma gates are boundless, we vow to enter them;
Buddha's way is unsurpassable, we vow to embody it.

Beings are numberless, this vow frees them all;
Delusions are inexhaustible, this vow ends them all;
Dharma gates are boundless, this vow enters them all;
Buddha's way is unsurpassable, this vow embodies it.